

**Built on Purpose**  
**Growing Up Spiritually**  
**Ephesians 4:14**

**Ephesians 4** <sup>14-16</sup> *We are not meant to remain as children at the mercy of every chance wind of teaching... But we are meant to hold firmly to the truth in love, and to grow up in every way into Christ, the head. (Phillips)*

**1. You grow by spending time in God's word.**

**Matthew 4** <sup>4</sup> *No one can live only on food. People need every word that God has spoken. (CEV)*

**Acts 20** <sup>32</sup> *And now I commend you to the care of God and to the message of his grace, which is able to build you up and give you the blessings God has for all his people. (GN)*

**2. You grow by developing spiritual habits.**

**John 13** <sup>17</sup> *Now that you know these things, you will be blessed if you do them. (NIV)*

**Hebrews 5** <sup>14</sup> *Solid food is for mature people, whose minds are trained by practice to know the difference between good and evil. (NIV)*

**3. You grow by helping each other grow.**

**Romans 1** <sup>12</sup> *I want us to help each other with the faith we have. Your faith will help me, and my faith will help you. (NCV)*

**4. You grow when you get serious about it.**

**Jeremiah 29** *When you come looking for me, you'll find me. Yes, when you get serious about finding me and want it more than anything else, I'll make sure you won't be disappointed. (MSG)*

**2 Corinthians 13** <sup>9</sup> *Our greatest wish and prayer is that you will become mature Christians. (TLB)*

**5. Action Steps**

1. Commit right now to grow in Christ by practicing these spiritual disciplines every day.
2. Join a Life Group.
3. Invite someone to church next week!